

Michelle Miller-Day, PhD

Publications

Books

Alford, A. M. & **Miller-Day, M.** (Eds.) (2019). *Constructing motherhood and daughterhood across the lifespan*. New York, NY: Peter Lang.

Miller-Day, M. (Ed.) (2011). *Family communication, connections, and health transitions: Going through this together*. Health Communication Series, Vol. 1. G. Kreps (series editor). New York, NY: Peter Lang.

Nussbaum, J., **Miller-Day, M.**, & Fisher, C. (2009). *Communicating intimacy in older adulthood*. Editorial Aresta Publishers.

Nussbaum, J.F., Miller-Day, M. & Fisher, C. (2009). Les relations intimes en la madurasa. Girona, Spain: Editorial Aresta.

Miller-Day, M. (2004). *Communication among grandmothers, mothers, and adult daughters: A qualitative study of women across three generations*. Mahwah, NJ: Lawrence Erlbaum Associates Publishing.

*Recipient of the 2010 National Communication Association, Family Communication Division Scholarly Book Award

*Recipient of the 2008 National Communication Association, Applied Communication Division Scholarly Book Award

Miller, M., Alberts, J. K., Hecht, M. L., Trost, M., & Krizek, R. L. (2000). *Adolescent relationships and drug use*. Mahwah, NJ: Lawrence Erlbaum Associates Publishing.

Edited Journal Volume

Kam, J. A., & **Miller-Day, M.** (Eds) (2017). A family communication perspective on substance use prevention, intervention, and coping [Special Issue]. *Journal of Family Communication*, 17 (1), 1-88.

Journal Articles

Anthony, K., **Miller-Day, M.**, Dupuy, M., Ventura, J., Hodges, A. L., Alonso-Pecora, D., & Dimas, H. (2025). Is there really a difference? A comparison of in-person and online qualitative interviews. *International Journal of Qualitative Methods*, 24, 16094069251349580.

Miller-Day, M. (2024). Family Storytelling in a Story Economy. In J. Koenig Kellas & R. Fivush (Eds.) *Family Storytelling*. Special issue of *Parenting: Science and Practice*

Garcia, S., Hopfer, S. **Miller-Day, M.**, Hecht, M.L. (2024) How family communication emerges in HPV vaccine parent narratives. *Journal of Family Communication*.

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- Craw, E., & **Miller-Day, M.** (2023). The role of organizational messages about mental health in disclosure and support-seeking decisions among first responders: A qualitative investigation. *Western Journal of Communication*, 1-27. <https://doi.org/10.1080/10570314.2023.2262429>
- Craw, E. S., Buckley, T. M., & Miller-Day, M. (2023). “This Isn’t Just Busy, This is Scary”: Stress, Social Support, and Coping Experiences of Frontline Nurses During the COVID-19 Pandemic. *Health Communication*, 38(10), 2047-2057.
- Craw, E. S., Subnis, U. B., Arte, P. S., Kumar, N., Bose, S., Mali, J., & **Miller-Day, M.** (2023). Results from a School-based Mental Health Intervention for Adolescents in Lower-Income Schools in Urban India: A Longitudinal Mixed Methods Efficacy Study. Centre for Social and Behavioral Change.
- Rey, R. T., **Miller-Day, M.**, Craw, E. S., Buckley, T. M., Wozniak, T. R., Hopfer, S. (2023). Engagement with and persuasiveness of HPV vaccination promotion videos: An examination of narrative engagement theory. *Atlantic Journal of Communication*. <https://doi.org/10.1080/15456870.2023.2298858>
- Miller-Day, M.**, Craw, E., Harris, D., & Hecht, M. L. (2022). "Men’s Stories: An Account of Translating YoungMen’s Vaccine Decision Narratives into a Targeted Public Health Intervention" *Journal of Applied Communication Research*, 51,1-19.
- Pezalla, A. E., Choi, H., McKee, F., **Miller-Day, M.**, & Hecht, M. (2022). The Student Athlete Wellness Portal: Translating Student Athletes’ Prescription Opioid Use Narratives into a Targeted Public Health Intervention. *Medicina*, 58(11), 1642.
- Choi, H.J., Hecht, M.L., Pezalla, A., **Miller-Day, M.** (2022). Delinquency behaviors and substance use of youth exposed to the keepin’ it REAL substance use prevention program. *Advances in Preventive Medicine and Health Care*, 4, 1033. www.doi.org/10.29011/2688-996X.001033
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- Leader, A. E, **Miller-Day, M.**, Rey. R. T., Selvan, P., Pezalla, A., & Hecht, M.L. (2022). The impact of HPV vaccine narratives on social media: Testing Narrative Engagement Theory with a diverse sample of young adults. *Preventive Medicine Reports*, 29, 101920.
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- Hecht, M.L., Greene, K. Ray, A., Pristavec, T., **Miller-Day, M.** & Banerjee, S. C. (2021). Comparing self-report, observational, and program analytic data as measures of engagement in an online learning, active involvement intervention to reduce substance use among adolescents. *Educational Technology Research and Development*.
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- Ray, A. E., Greene, K., Hecht, M. L., Barriage, S. C., **Miller-Day, M.**, Glenn, S. D., & Banerjee, S. C. (2019). An e-learning adaptation of an evidence-based media literacy curriculum to prevent youth substance use in community groups: Development and feasibility of REAL media. *Journal of Medical Internet Research: Formative Research*, 3(2). doi:10.2196/12132
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- * **Awarded the Emerald Literati Award (2018). Outstanding Paper in the Journal of Health Organization and Management.**
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Book Chapters

Miller-Day, M., & Raja-Halpern, N. (2025). Changing the World One Play at a Time. In C. Beck & R. West (Eds.) *Communication, Entertainment, and Messages of Social Justice* (pp. Chapter 12).

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- Miller-Day, M.** (2016). Connecting substance use and health with personal stories. In J. Yamasaki, P. Geist Martin, & B. F. Sharf (Eds.), *Storied health and illness: Personal, cultural, and political complexities* (pp. 18-21). Long Grove, IL: Waveland Press.
- Sparks, L., & **Miller-Day, M.** (2014). Methodological approaches when investigating health disparities. In B. B. Whaley (ed.), *Research methods in health communication: Principles and application* (pp. 318-335). New York, NY: Routledge.
- Miller-Day, M., Fisher, C. L., & Stube, J.** (2013). Looking back and moving forward: Toward an understanding of mother-daughter and mother-son relationships (p. 1-18). In K. Floyd and M. Morman (Eds.) *Widening the family circle II: New research on family communication*. Newbury Park, CA: Sage.
- Miller-Day, M., Nussbaum, J., & Fisher, C.** (2012). "Holding each other all night long": Communicating intimacy in older adulthood. In T. Socha and M. J. Pitts (Eds.). *The Positive Side of Communication*. Peter Lang Publishing.
- Miller-Day, M.** (2013). Two of me: Mothers and daughters in connection. In A. Deakins, R. Lockridge, and H. Sterk (Eds.), *Mothers and daughters: Complicated connections across cultures* (pp.89-104). Lanham, MD: Rowan and Littlefield Publishers
- Miller-Day, M., & Hecht, M. L.** (2013). Keepin' it REAL when Developing Narrative Health Messages (pp. 149-164). In A. Goodboy and K. Schultz (Eds.), *Introduction to Communication Studies: Translating Scholarship into Meaningful Practice*. Kendall/Hunt.
- Fisher, C, **Miller-Day, M.** & Nussbaum, J. (2012). Healing through Healthy Doses of Positivity: Mothers' and Daughters' Positive Communication When Coping with Breast Cancer. In T. Socha and M. J. Pitts (Eds.). *Positive Communication in Health and Wellness*. Peter Lang Publishing
- Miller-Day, M.** (2012). Toward conciliation: Institutional review board practices and qualitative interview research (p. 495 – 508). In J. F. Gubrium, J. A. Holstein, A. B. Marvasti, and K. D. McKinney (Eds.), *The SAGE handbook of interview research: The complexity of the craft*. Los Angeles, CA: Sage.
- Parrott, R., **Miller-Day, M.**, Dillard, J., & Peters, K. (2010). Health communication about genetics. In. C. Gaff and C. Bylund (Ed.) *Family communication about genetics: Theory and Practice*. Oxford University Press.

- Miller-Day, M., & McManus, T. (2009).** Work-family dynamics and parent-adolescent communication in working poor families. In T. Socha and G. Stamp (Eds). *Parents and children communicating with society: Managing relationships outside the home* (pp. 56-79). Mahwah, NJ: Lawrence Erlbaum.
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- Hecht, M. L., & **Miller-Day, M. (2009).** The Drug Resistance Strategies Project: Using narrative theory to enhance adolescents' communication competence. In L. Frey & K. Cissna (Eds.), *Routledge Handbook of Applied Communication* (pp. 535-557). New York and London: Routledge.
- Miller-Day, M., & Kam, J. (2009).** Investigating communication in families: Children, parents, and grandparents. In Eadie, W. F. (Ed.). *21st century communication: A reference handbook* (Vol. 1) (pp.303-312). Thousand Oaks, CA: Sage Publications.
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- Fisher, C., & **Miller-Day, M. (2006).** Communication in mother-adult daughter relationships. In K. Floyd and M.. Morman (Eds.) *Widening the family circle: New research on family communication*. Newbury Park, CA: Sage.
- Miller, M. (1998).** (Re)presenting voices in dramatically scripted research. In A. Banks and S. Banks (Eds.), *Fiction in social research: By ice or fire* (pp.67-78). Newbury Park, CA: AltaMira Press/Sage.

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- Hecht, M. L., & **Miller-Day, M. (2017)** “keepin’ It REAL”: A case history of a drug prevention intervention. In R. Parrott (Ed.) *Oxford Research Encyclopedia of Communication. Vol. 2.* (pp. 305-320). Oxford University Press. doi: <https://doi.org/10.1093/acrefore/9780190228613.013.370>
- Miller-Day, M. (2017)** Family Communication. In Jon Nussbaum (Ed.) *Oxford Research Encyclopedia of Communication*. New York: Oxford University Press.
- Hecht, M.L. & **Miller-Day, M. (2014).** Narrative Engagement Theory. In T. Thompson (Ed.) *The Encyclopedia of Health Communication* (p. 909-911). Los Angeles, CA: Sage.
- Miller-Day, M. (2014).** Mother Daughter Dyad Communication. In T. Thompson (Ed.) *The Encyclopedia of Health Communication* (p. 893-896). Los Angeles, CA: Sage.
- Hecht, M. L., & **Miller-Day, M. (2013)** Narrative engagement theory. *Encyclopedia of Health Communication*. Los Angeles, CA: Sage.
- Miller-Day, M. (2013).** Mother-daughter communication. *Encyclopedia of Health Communication*. Los Angeles, CA: Sage.

Research-Based Creative Activity

- Miller, M.** (April – August, 1986). *Tell Me A Riddle*. Created an original adaptation of the novel “Tell me a Riddle” by Tillie Olsen and directed the live theatrical productions of this adaptation. Funded by the National Endowment for the Humanities to assess performance of adapted literature and modalities for discussion of the literature. 15 Performances. .
- Miller, M.** (Feb., 1987). *Coping and Groping as a Stepped-On Parent*. Wrote an original stage script for live performance. Directed one performance. This script was developed for the purposes of conducting an experimental examination of performance as persuasion.
- Miller, M.** (April, 1990). *Killing Time*. Executive Producer of a drug resistance training music video docudrama.
- Miller, M.** (Sept., 1990). *Women’s Work*. Writer of an original script for public performance based on Ethnographic research into feminine cultural norms in the family, adapted for live performance. Director of three performances.
- Miller, M.** (May, 1994; May, Aug, 1993; May, Nov., 1992; May, Nov., 1991). *Two of Me*. Wrote original stage-play based on ethnographic research of mothers & daughters, adapted for live performance. Produced by Assemblage Theatre Company. Director of recurrent performances.
- Miller, M.** (Aug, Oct., 1999). *The general’s daughter*. Writer/director/performer of ethnographic research on mother-daughter relationships adapted for performance. Performances conducted in Canada and in the United States.
- Miller, M.** (Fall, 1999). *Ethnographic performance of family research*. Invited performance for a qualitative research seminar. Pennsylvania State University.
- Miller-Day, M.** & Hecht, M. L. (2000) (Producers). *Keepin’ it REAL curriculum videos*.
- Hecht, M., Marsiglia, F., & **Miller-Day, M.** (2000) (Developers), Gosin, M., Drapeau, A. & Gonzalez, C. (contributors). *Keepin’ it REAL middle school drug prevention curriculum*. Arizona State University and Pennsylvania State University.
- Miller-Day, M.** (June, 2002). *Teen smoking PSAs*. Consulted on videos developed, written, directed, filmed, edited and produced by teens promoting anti-smoking messages. WPSX-TV.
- Miller-Day, M.** (June, 2005). *HOMEwork*. Writer/director of ethnographic research adapted for performance, based on survey, interview, and observational data collected to examine maternal work, parenting, and adolescent outcomes. Performance for legislators, program developers, and community members in Harrisburg, PA.
- Hecht, M. L., & **Miller-Day, M.** (2009) (Producers). *DARE’s keepin it REAL videos: 7th Grade*. Five video productions. New York: Look Alive Films

- Miller-Day, M., & Hecht, M.L.** (2010) (Producers). *kiR Rural videos*. Five video productions. New York: Look Alive Films.
- Hecht, M. L., Colby, M., Bryant, A., **Miller-Day, M.**, et al. (2012). D.A.R.E's keepin' it REAL 7th grade drug Instructor manual. D.A.R.E. America and D.A.R.E. International Publishers.
- Hecht, M. L., Colby, M., Bryant, A., **Miller-Day, M.**, et al. (2012) (Writers/Producers). D.A.R.E's keepin' it REAL 7th grade drug prevention curriculum. D.A.R.E. America and D.A.R.E. International Publishers.
- Michael L. Hecht, Frank Pegueros, **Michelle Miller-Day**, Scott Gilliam, Bobby Robinson, Anita Bryan, Benita Cahalane, Margaret Colby, Allison Kootsikis, Karen Simon, Sunam Ellis, Jolene Cassa-Granier, Randy J. Wiler. (2013). D.A.R.E's keepin it REAL 5th grade drug prevention curriculum and instructor manual. D.A.R.E. America and D.A.R.E. International Publishers.
- Miller-Day, M., & Hecht, M.L.** (2013) (Producers). *DARE's keepin it REAL videos: 5th Grade*. Eighteen video productions.
- Miller-Day, M.**, Conway, J. J., Hecht, M. L. (2013). REAL adventures of a very strange day. Drug prevention comic. Los Angeles, CA: D.A.R.E. Catalog.
- Raja, N., **Miller-Day, M.**, & Day, L.E. (2014) (Writers/Producers). *Call This Number*. An ethnotheatre production at Chapman University based on research conducted with family members of homicide victims. Collaboration with a Chapman student, creative activity, and community outreach.
- Miller-Day, M.**, Day, L.E., & Raja, N. (2014 - present) (Translational Research Producers). *Call This Number*. Dissemination of script and coordination of community-based performances for victims' rights organizations and family services.
- Miller-Day, M.** (2015). *Mother-Daughter Communication*. Educational video explaining a key communication topic. SAGE Video.
- Miller-Day, M.** (2015). *Narrative engagement theory*. Educational video explaining a key communication theory. SAGE Video.
- Miller-Day, M.** [REAL Prevention LLC] (2016). *Celebrating Safely: A substance use prevention intervention for high school students* [Kit]. Los Angeles, CA: D.A.R.E. America and D.A.R.E. International Publishers.
- Miller-Day, M.** (Producer/Writer), & Rassulo, J. (Producer/Director). (2016). *Celebrating Safely* [Short Film]. United States: D.A.R.E. America and REAL Prevention.
- Verasim, D.A.R.E. America, REAL Prevention (**Miller-Day**). (2016). *D.A.R.E. mobile* [Mobile application software]. Retrieved from <http://itunes.apple.com>
- Greene, K., Ray, A., Hecht, M.L., **Miller-Day, M.** (2017). *REAL Media: Enhancing alcohol and tobacco media literacy curriculum* [Five e-learning modules].

- Miller-Day, M.** (Producer/Editor) (2018). *Lost and Found* [Stageplay]. Produced at the Chance Theatre.
- Miller-Day, M., & Hecht, M.** (2019) (Writers/Producers), Matthews, A. (Director). *Keepin' it REAL: Stories of Refuse, Explain, Avoid, and Leave.*
- Miller-Day, M. & Hecht, M.L.** (Producers), Matthews, A. (Director). (2019). *Keepin' it REAL* (multicultural). [5 short substance use prevention films]
- Hopfer, S. (Writer), **Miller-Day, M.** (Producer/Editor), & Hecht, M.L. (Producer), Matthews, A. (Director). (2019). *Women's Stories*. [15 short films addressing HPV vaccination for young women.] Hopfer, S. (Writer), **Miller-Day, M.** (Writer/Producer/Editor), & Hecht, M.L. (Producer), Matthews, A. (Director). (2019). *Parent's Stories*. [6 short films addressing HPV vaccination for parents of young children.]
- Miller-Day, M.** (Producer), Mckee, B. (Director) (2019). *Student stories*. [4 short films addressing social and emotional learning for elementary youth.]
- Greene, K., Ray, A., Hecht, M.L., **Miller-Day, M.** (2020) (Developers). *REAL Media-O*. [Five online, self-paced e-learning modules to enhance media literacy surrounding pain medication marketing].
- Miller-Day, M.,** (Writer/Producer) & Hecht, M.L. (Producer) (2020). *HPV Men's Stories*. [4 short films addressing HPV vaccination for young men.]
- Miller-Day, M.** (Content Developer, Design). (2020) *Parenting Now!* [An online, e-self-directed e-learning course for parents of 10 to 14-year-old youth to provide information and practice in crafting messages regarding adolescent alcohol use and risky behavior.]
- Turissi, R., Ray, A., Hecht, M.L., & **Miller-Day, M.** (2020)(Developers). *REAL Parenting Talk*. [An online, self-directed e-learning course for parents of older teens, to provide information and practice crafting messages for older teens regarding alcohol use.]
- Pezalla, A., **Miller-Day, M.** & Hecht, M. L. (2021) (Developers). *Student Athlete Wellness Portal*. [An online, self-directed e-learning course for student athletes for education and prevention of opioid misuse.]
- Alford, A. & **Miller-Day, M.** (Hosts). (2022, September 25). *Daughtering Matters in the Mother-Daughter relationship* (No. 1) [Audio podcast episode]. In *Hello Mother, Hello Daughter*. MERS. <https://podcasts.apple.com/us/podcast/episode-1-daughtering-matters-in-the-mother-daughter/id1646886197?i=1000580576590>
- Miller-Day, M.** & Alford, A. (Hosts). (2022, October 9). *Memorable Moments & Turning Points in the Mother-Daughter relationship* (No. 2) [Audio podcast episode]. In *Hello Mother, Hello Daughter*. MERS. <https://podcasts.apple.com/us/podcast/episode-2-memorable-moments-turning-points-in-the/id1646886197?i=1000582036699>
- Alford, A. & **Miller-Day, M.** (Hosts). (2022, October 23). "Cherry Lane": A conversation about

maintaining connection in the Mother-Daughter relationship (No. 3) [Audio podcast episode]. In Hello Mother, Hello Daughter. MERS.<https://podcasts.apple.com/us/podcast/episode-3-cherry-lane-a-conversation-about/id1646886197?i=1000583553087>

Miller-Day, M. & Alford, A. (Hosts). (2022, November 6). Family Secrets: Why we tell them and what that means (No. 4) [Audio podcast episode]. In Hello Mother, Hello Daughter. MERS.
<https://podcasts.apple.com/us/podcast/episode-4-family-secrets-why-we-tell-them-and-what-that-means/id1646886197?i=1000585245018>

Alford, A. & **Miller-Day, M. (Hosts).** (2022, December 22). Why adding "Daughtering" to our language is important (No. 5) [Audio podcast episode]. In Hello Mother, Hello Daughter. MERS.<https://podcasts.apple.com/us/podcast/episode-5-why-adding-daughtering-to-our-language-is/id1646886197?i=1000590695579>

Non-refereed Publications and Reports

Miller, M. (1995). *Emergency room patient-front desk staff interaction in two urban Baptist Hospitals*. Final report submitted to Baptist Hospitals, Memphis, TN.

Miller, M. (1997). *Free to be Drug Free ad campaign effectiveness*. Report the Tennessee Drug Prevention initiative and Media Development office.

Miller, M. (1997). *The Drug Resistance Strategies Project*. Final report submitted to the Shelby County Sheriff's Office.

Miller, M. (1998). *A measure of community awareness and the effectiveness of the Douglass police sub-station*. Report of a community-based survey. Memphis, TN.

Miller, M. (1998). *University of Tennessee Family Practice Clinic: Patient-provider communication satisfaction report*. Final report submitted to the University of Tennessee Medical Group.

Swanson, D., Miller-Day, M., & Wagstaff, D. (2003). *Sixth grade mother's use and perceptions of Harrisburg School District services: A report to administration*. Report to the Superintendent of the Harrisburg, PA school district.

Miller-Day, M., & Dodd, A. (May, 16, 2005). Dialogue and personal examples work best in drug talks with teens. Centre Daily Times.

Miller-Day, M. (2006). *Communication Competence in Advising*. The Penn State Adviser (3rd edition), PSU.

Miller-Day, M. (2006). Talking with children about alcohol and drugs. *Family Focus: National Council on Family Relations Quarterly*, 58, 8-9.

Miller-Day, M. (2007). Goal Setting for Advisers. *The Penn State Adviser* (4rd edition). Pennsylvania State University.

Miller-Day, M., & Pezalla, A. (June 2008). Teens communicating identity: High school may not be so confidential. *Communication Currents*, 3(3).

Hecht, M. L., Colby, M., Bryant, A., Miller-Day, M., et al. (2012). D.A.R.E's keepin' it REAL 7th grade drug prevention curriculum. *D.A.R.E. America and D.A.R.E. International Publishers*.

Hecht, M. L., Colby, M., Bryant, A., Miller-Day, M., et al. (2012). D.A.R.E's keepin' it REAL 7th grade drug Instructor manual. *D.A.R.E. America and D.A.R.E. International Publishers*.

Michael L. Hecht, Frank Pegueros, Michelle Miller-Day, Scott Gilliam, Bobby Robinson, Anita Bryan, Benita Cahalane, Margaret Colby, Allison Kootsikis, Karen Simon, Sunam Ellis, Jolene Cassa-Granier, Randy J. Wiler. D.A.R.E's keepin it REAL 5th grade drug prevention curriculum. *D.A.R.E. America and D.A.R.E. International Publishers*.

Michael L. Hecht, Frank Pegueros, Michelle Miller-Day, Scott Gilliam, Bobby Robinson, Anita Bryan, Benita Cahalane, Margaret Colby, Allison Kootsikis, Karen Simon, Sunam Ellis, Jolene Cassa-Granier, Randy

- J. Wiler. D.A.R.E's keepin it REAL 5th grade drug prevention curriculum instructor manual. *D.A.R.E. America and D.A.R.E. International Publishers.*
- Miller-Day, M., Conway, J. J., Hecht, M. L. (2013). *REAL adventures of a very strange day*. Drug prevention comic. Los Angeles, CA: D.A.R.E. Catalog.
- Day, L.E., Miller-Day, M., Hecht, M.L. (2014). Pilot Evaluation and Short-Term Efficacy Study of the D.A.R.E. Elementary kiR Program. Research report submitted to D.A.R.E. America.
- Day, L.E., Miller-Day, M., Hecht, M.L. (2015). Pilot Evaluation and Short-Term Efficacy Study of the D.A.R.E. elementary kiR program. Report presented to the Scientific and Executive D.A.R.E. Boards.
- Nichols, N., & Miller-Day, M. (2015). A Program for Stress Reduction for Caregivers of Children with Autism Spectrum Disorders. Training and educational program developed for and provided to the The Center for Autism and Neurodevelopmental Disorders.
- Miller-Day, M. (2017). Feasibility study of D.A.R.E. Mobile elementary prevention program. Report presented to the Scientific and Executive D.A.R.E. Boards.
- Miller-Day, M., & Dorros, S. (2018). Orange County teen dating violence. Report presented to Laura's House domestic violence agency.
- Miller-Day, M., Day, L. E., & Dorros, S. (2018). *Teen Dating Violence in OC*. Laguna Niguel presentation on teen dating violence.
- Miller-Day, M. (2019) *Teen dating violence in Orange County, CA*. Report and presentation provided to the Orange County Consortium on Teen Dating Violence.
- Miller-Day, M (2019) *Substance use and intimate partner violence*. Report and presentation provided at for the Orange County domestic violence training institute.